

## Curriculum Overview

- Open House: Introducing Families to Conscious Discipline
- Seven Parent Nights: Based on the seven skills and powers Conscious Discipline
- Four Home Visits: Provide connection, strengthen parents' knowledge/model parenting skills in context
- Twelve Mini Sessions: Enhance parent implementation of Conscious Discipline/provide practical solutions to common parenting challenges

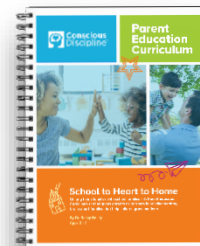
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*The Conscious Discipline Parent Curriculum is versatile and customizable. The curriculum address 3 contact points with families. Programs can combine contact points to build a parent education program that meets the individual needs of the families as well as the program.*

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## Introducing

- Kickoff event that provides foundational information
- Open House is centerpiece
- Informs/Begins to build connection between parents and between home/school
- 60-90 minute event



## Parent Nights

- 7 Skill based parent education events
- Parents learn how to implement powers, skills, & structures while being active participants in a safe, connected, compassionate family of learners
- 50-60 minutes each

## Home Visits

- 4 highly interactive in-home meetings
- Use individually, together over the course of the year, or combine with mini-sessions to create high frequency program
- 40-60 minutes each

## Mini Sessions

- 12 learning sessions
- 15-20 minutes each
- Practice heavy, rather than content heavy
- Ideal complement to parent nights and home visits

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*I've purchased the curriculum and had training. Now what?*

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- *Familiarize yourself with the curriculum content*
- *Reflect on the needs of your program and the families in your care*
- *Design a parent education program that works for you*
- *Begin implementation & connecting with families!*



**NEW!**

## School to Heart to Home

The curriculum features how-to's, scripts and reproducibles for:

- Parent Nights
- Home Visits
- Single-Skill Briefings
- Make-n-Take Sessions

**3 Parent Education Packs Available**

Basic
Standard
Premium



**Dr. Becky Bailey**  
Award-Winning Author,  
Educator and Founder of  
Conscious Discipline

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